



SOCCER DAY IN SASKATCHEWAN

Soccer Tennis Information & Rules

Event Information

Times

1:00pm – 5:00pm – U9, U11, U13, U15, U17 Boys and Girls

Ethos for Event

Soccer Tennis is a soccer-specific game that combines aspects of tennis and volleyball. It can improve instincts and technical skills among players of all ages.

Player Eligibility

All players must be registered through the team registration page for the Soccer Tennis tournament on the Saskatchewan Soccer website. Any player not registered as a part of the team will be unable to participate.

Game Duration

Games will be 15 minutes long with no extra time added to the game. The game-time is continuous without stoppages. Rock-Paper-Scissors will determine which team starts on what side, then a rally for serve.

Game Rules

- Two players on each side
- One player from Team A "serves" the soccer ball from behind the end line to the other side.
*Serves must be a drop kick serve, ie) ball must bounce behind the line before player serves it across
- Once it goes over the net, Team B has, at most, three touches and one bounce to return the ball back to Team A's side of the court. Team A, then, has three touches and one bounce to keep the rally going



- The bounce can come at any point during the return. So if Team B chooses to let the ball bounce before touching it, they will then have three touches to get it over the net without letting it bounce again. Or, Team B can volley Team A's serve before it bounces, which means they will then have two more touches and a bounce to get it back to the other side
 - Touches need to alternate between the two players, much like volleyball
 - Scoring is rally point, and team with the most points after 15 min is the wins
- *If it is tied at the end of 15 min, teams will have one additional point to declare a winner

Tiebreak (U15 & 17 Divisions)

1. Head to Head
2. Rock-Paper-Scissors

