

Together For Change - Marvin Okello



AUDIO DESCRIPTIVE COMMENTARY

AVAILABLE AT OUR SEPT. 18 MATCH!

If you or someone you know may require this service to better enjoy the match, click the link or email info@hfxwanderersfc.ca

Commentary provided by Marvin Okello and Gary Griffiths.

MFC22 CHANGING IDEAS
Presented by GLOBAL

June 6 & 7

Marvin Okello

Lillian (Missy) Searl

How meaningful connections lead to successful asks and collaborations



“Diversity is having a seat at the table, Inclusion is having a voice, and Belonging is having that voice be heard.” – Liz Fosslien



Working Together For Change

EDIA Coaching Lead, Canadian Sport Institute Atlantic – marvin@csiatlantic.ca

Director Of Coaching, FUNSports Instagram – [@marvinho91011](https://www.instagram.com/marvinho91011)

Marvin Okello is a passionate community champion who values equity, diversity, inclusion and accessibility in everything that he does. He is known for using sports as a means for advocating for societal change. Marvin is a community activist, podcaster, multi-sports commentator and continues to play and coach soccer at a high level. Since 2020 when Marvin founded the Halifax Wanderers IDEA Committee, Marvin has dedicated his life to creating policies, committees, and practices that further equity, inclusion, diversity, and accessibility efforts both on and off the fields.

co-Chair/founder Of The HFX Wanderers IDEA Committee – [Linkedin Marvin Okello](#)

Head Coach, Halifax County Men's AA Team



By sharing his vulnerable experiences in sports and society that he has experienced, he is able to provide clear context and examples of the discrimination and racism faced by many, while supporting in the implementation of anti-racism and discrimination policies and practices.

Marvin strongly believes that we can and should all work Together For Change!



Definitions

“Diversity is having a seat at the table, Inclusion is having a voice, and Belonging is having that voice be heard.” – Liz Fosslien

Inclusion, Diversity, Equity, Accessibility

Understand the difference between bias and unconscious bias

Inclusion - the action or state of including or of being included within a group or structure.

Equity - the quality of being fair and **impartial**

Diversity - the practice or quality of including or involving people from a range of different social and ethnic backgrounds and of different genders, sexual orientations, etc

Q: What do these words mean to you?

Bias - is a disproportionate weight in favor of or against an idea or thing, usually in a way that is inaccurate, closed-minded, prejudicial, or unfair. Biases can be innate or learned. People may develop biases for or against an individual, a group, or a belief.

Accessibility - is the concept of whether a product or service can be used by everyone—however they encounter it.

Think of a time you were not included, you were bullied, or felt alone as a result of discrimination or lack of support?

Unconscious biases are social stereotypes about certain groups of people that individuals form outside their own conscious awareness.

How Do I Become More Self Aware?

Step 1: Know Self-First

- a. Who Am I?
- b. What do I stand for?
- c. What makes me "Me"?

Step 2: Value Self

- a. What are my unique gifts?
- b. Who is my best self?

Step 3: Acknowledge your own Prejudices

- a. In what ways do I exclude?
- b. How do I contribute to intolerance?
- c. What are my blind spots?

How Do I Become More Self Aware?

Step 4: Open Yourself to Change

- a. What are my opportunities to grow to be my best self?

Step 5: Learn about others

- a. How are other individuals/groups different from me?
 - b. How are they the same?

Step 6: Value Differences

- a. How do differences enhance who I am and can become?
 - b. What can I learn from differences?

How Do I Become More Self Aware?

Step 7: Include Others

- a. Expand your circle to optimize diversity.

Step 8: Embrace Personal Growth

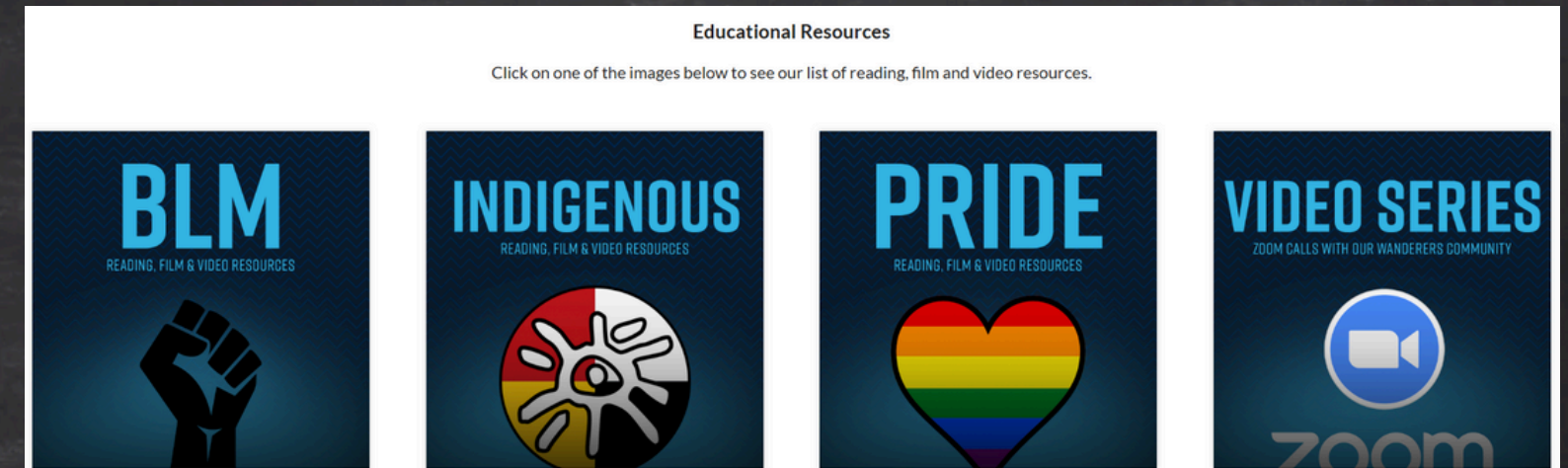
- a. Constantly ask yourself, where am I now?
- b. Am I growing in my journey to be more inclusive?
- c. What changes do I need to make?

Resources

[Link – Inclusion In our Community](#)

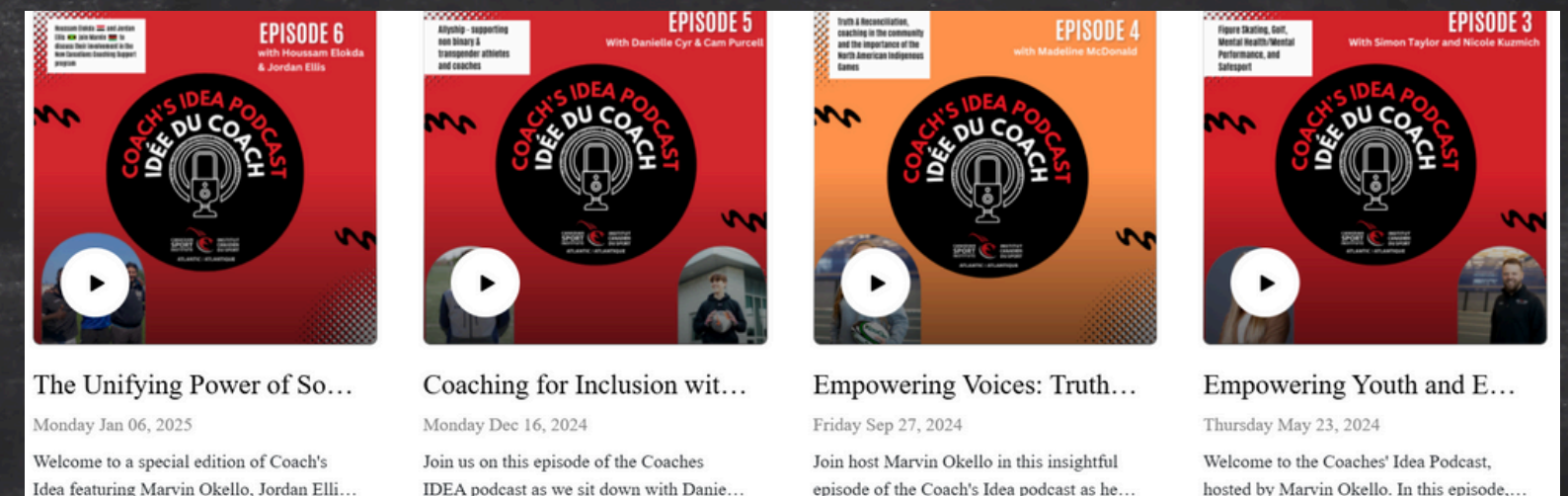
Reading, film & video resources

Together For Change Podcast



[Link – COACH'S IDEA Podcast](#)

Discussions with coaches of various ethnicities, genders and backgrounds



[Linkedin – Marvin Okello](#)

Email – Marvin@csiatlantic.ca